

WHAT'S YOUR STORY LENTEN STUDY

GRACE | CHANGES | OUR STORY



TELL

Even if you're not a writer, you have something to say. You have a story to tell and wisdom to impart.

After all, the Bible is full of regular people's stories, stories made holy by their encounters with God and with God's children. In that light, the Bible continues speaking through us, the lessons we learn, the people we meet, and the stories we tell about them.

Read Ruth 1:1-18 through a couple of times. If you have more than one interpretation or if you have access to biblegateway.com, read once through in the NSRV, once through in The Message or CEB. Notice the differences.

Take notes on the different journeys of the women, their varying character & plot. How did they encounter God? How does their story change your story.

CONVERSE

Interview a person who has walked with you in your spiritual life (preferably someone not in your household). Questions on back.

DRAW REFLECT

Draw or simply reflect on a book, character, celebrity, or movie that has been a spiritual companion for you. Draw a comic of the two of you. Or sketch how you see them walk with you. More on back.

WRITE

Think about an encounter you've had with God: like Jacob & the angel, Mary & Jesus, or Ruth & Naomi through each other. Then tell your younger self how that encounter has shaped you.

INTERVIEW Call a person you've walked with spiritually. Explain that you're doing a Lenten study "What's your story?" Tell them how their story has shaped yours.

What ways have you encountered God?

How do you think others see your faith?

Has your faith been tested?

What are you most grateful for?

What are practices/routines/rituals that you incorporate into your life?

Have your encounters with God always been good?

Come up with your own questions too!



"No one can whistle a symphony; it takes a whole orchestra."

-H.E. Luccock

DRAW OR REFLECT

Sometimes we know immediately when something "sticks with us." Sometimes we need prodding. The hope for this exercise is to get your mind processing the ways other stories affect your own.

THIS WEEK:

01

Take a walk and notice the earth

02

Listen to your favorite music on repeat

03

Pray for someone you've never prayed for

04

Remind yourself of your worth to world

